



Stonegate Dental  
17021 Lincoln Avenue #B  
Parker, CO 80134  
T. (720) 851-7069  
F. (720) 842-1024

## **Your New Gold Crown**

Congratulations! You have just had one or more teeth restored with Gold Restorations. Your teeth are now much stronger than they were with the mercury or composite restorations that were removed or the old crowns/onlays that were replaced. The new restorations have been bonded to your teeth. They will not come out if you eat sticky foods. They are as resistant to fracture as your own natural teeth; gold will not fracture, but may wear out over time since gold is softer than enamel.

Here are some common concerns that you may have about new restorations.

### **Post Treatment Care**

Your new restorations are now bonded firmly onto your teeth. Until the numbness is all gone be careful that you do not bite your tongue or cheek. You can eat and chew in 1 hour. You can also brush and floss around all of your teeth in 1 hour. Crowned teeth can still develop decay. Be sure to brush and floss crowned teeth just like you would your uncrowned teeth.

### **Post Treatment Sensitivity**

After any treatment, a tooth may have some sensitivity. The sensitivity is usually to cold and should last for only as long as the cold is in contact with the tooth or no longer than 10 to 15 seconds. It would be considered normal to have this sensitivity to cold temperatures for 1-2 weeks after placing a new crown. If the symptoms get worse please call our office.

After receiving treatment, the pulp tissue of the tooth needs time to return to its normal resting state. If you have an extreme reaction to heat or cold that lasts for a minute or more, contact our office. The tooth may be experiencing a condition called irreversible pulpitis in the tooth's pulp and will require additional treatment (possible root canal). This can occur to a tooth after treatment, we would need for you to come into the office to have the tooth examined. If additional treatment is needed it will not require a new crown on this tooth.

### **Does Your Bite Feel "Off"?**

Your mouth may have been numb while we placed in the new restorations. We have adjusted your new restorations to fit your occlusion (or bite). Yet, until your numbness is all gone or you have had a chance to chew, you might not be aware of any discrepancy with respect of the new restorations.

**If your bite feels off it is important that you contact the office right away in order to have the restorations adjusted correctly. Your restoration is almost as hard as your tooth enamel and it will not self adjust. You have to visit us in order for us to correct the bite. It is an easy thing to do and does not require numbing. Without adjustment the tooth will be bruised and the sensitivities will increase.**

**If you have any questions, please call us at (720)-851-7069.**